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### **Root Shock How Tearing Up**

Vibrant city blocks - places rich in culture - were torn apart by freeways and other invasive development, devastating the lives of poor residents.

Fullilove passionately describes the profound traumatic stress- the

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Tearing Up City  
"root shock" that results when a neighborhood is demolished.

## Amazon.com: Root Shock: How Tearing Up City

### Neighborhoods ...

Root Shock: How Tearing Up City Neighborhoods Hurts America, and What we Can Do About It by Mindy Thompson

Fullilove is a book that raises many questions about urban renewal,

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which many people did come to see as Negro Removal. Yet, many people need to read it because it does push reader to think about communities and equality.

## **Root Shock: How Tearing Up City Neighborhoods Hurts ...**

Root shock is the traumatic stress reaction to the destruction of all or



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part of one's emotional ecosystem. It has important parallels to the physiological shock experienced by a person who, as a result of injury, suddenly loses massive amounts of fluids. Such a blow threatens the whole body's ability to function.

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Tearing Up City  
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America And What We  
Can Do About It is an important and timely book that sprang from her work as a public health psychiatrist who thought deeply about her patients and followed their sources of suffering and resilience outward to locate them in communities, traditions, and history.

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This book marked Fullilove's emergence as one of the most important urban thinkers of our time, work...

## **Root Shock: How Tearing Up City Neighborhoods Hurts ...**

Fullilove passionately describes the profound traumatic stress the root shock that results when a neighborhood is demolished. She

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estimates that federal and state urban renewal programs, spearheaded by business and real estate interests, destroyed 1,600 African American districts in cities across the United States.

### **Root Shock How Tearing Up City Neighborhoods Hurts America ...**

“Root shock,” Fullilove says, “is the traumatic

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stress reaction to the destruction of all or parts of one's emotional ecosystem.” She later adds: “Root shock, at the level of the local community... ruptures bonds, dispersing people to all the directions of the compass.

### **Root Shock: How Tearing Up City Neighborhoods Hurts ...**

When a neighborhood

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is destroyed its inhabitants suffer “root shock”: a traumatic stress reaction related to the destruction of one’s emotional ecosystem. The ripple effects of root shock have an...

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America, and What We Can Do About It. ... Dr. Fullilove argues that the loss of these communities causes trauma—root shock—in the individuals and groups torn from their homes, neighborhoods, and social support systems. Centering around the destruction of three historically African American ...

## **Root Shock - ROOT SHOCK**

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Tearing Up City Neighborhoods Hurts America, and What We Can Do About It, Mindy Thompson

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**Root shock ; how**

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The concept of "root shock" was adapted from gardening by Dr. Mindy Fullilove. She learned about root shock from people who had been displaced by urban renewal in the 1950s and 1960s and her research was published in the book Root Shock: How Tearing Up City Neighborhoods Hurts

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Tearing Up City  
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America and What We Can Do About It, available from New Village Press.

## And What We Can Do About It

### **ROOT SHOCK**

Root Shock: How Tearing Up City Neighborhoods Hurts America, And What We Can ... - Mindy Thompson Fullilove - Google Books. Dr. Mindy Thompson Fullilove, a clinical psychiatrist, exposes the...

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## Tearing Up City

### Nonfiction Book

### Review: ROOT SHOCK: How Tearing Up City ...

Fullilove passionately describes the profound traumatic stress- the "root shock" that results when a neighborhood is demolished. She estimates that federal and state urban renewal programs, spearheaded by business and real estate interests, destroyed 1,600

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Vibrant city blocks - places rich in culture - were torn apart by freeways and other invasive development, devastating the lives of poor residents.

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## **Root shock : how tearing up city neighborhoods hurts**

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Mindy Thompson

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